



Description

Purpose of activity is develop young players spacial perception and recognition passing opportunities. Also introduce passing and receiving technique.

Passing in 2's (15 mins)

Field is setup with numerous small goals randomly placed.

Players are in teams of 2

Game 1:

Players must dribble through each goal before returning to coach in center of field.

Player cannot score 2 goals in a row (must alterante with teammate)

First team back to coach wins

Game 2:

Players must pass to teammate through each goal before returning to coach in center of field

First team back to coach wins

Coaching Points:

- "Where should I go now?"

